

SAHRA Information – Apr 20 2019

Bedford Park Residents Organization Bulletin

The April, 2019 Bulletin is attached. It provides information on topics of shared interest with SAHRA.

- Re-Routing of Lawrence Buses
- City-Wide Community Clean-up – April 27 & 28 (perhaps check your catch basins to clear them of winter debris)
- Compost Day – May 8
- Community Environment Day – June 6 4:00-8:00 pm

Fairlawn 58th Annual Book Sale

Come out to Fairlawn's Book Sale to shop for gently used books, DVDs, CDs and LPs.

Thursday, April 25th 6:00-9:00 pm

Friday, April 26th 1:00-9:00 pm

Saturday, April 27th 10:00 am – 1:00 pm

Fairlawn Avenue United Church, 28 Fairlawn Avenue

<http://www.fairlawnchurch.ca/events/booksale/>

Community Café at Armour Heights Presbyterian Church – Yoga Dance in Chairs

Chair Yoga is an enjoyable and effective form of exercise. It's specifically designed for those who move with greater ease in or with the support of a chair. This program combines the benefits of yoga and dancing, into a complete body, mind and spirit workout.

Date: **Tuesday, April 30 2019**

Time: **11:30 am to 1:00 pm**

Address: 105 Wilson Avenue

RRSP to attend to the church office at 416-485-4000.

No charge for the event. Lunch provided after the Yoga Session.

Reminder *Community Safety Night*****

The Upper Avenue Community Association (west of Avenue Road) and SAHRA (east of Avenue) Road have organized a joint session about crime in our area. The Police will be presenting on preventative measures you can take to protect your home and family. Please join us at this session.

COMMUNITY SAFETY NIGHT

Wednesday, May 1, 2019 7:30 – 9:00 pm

125 Chatsworth Drive (High School Auditorium)

Rummage Sale, Armour Heights Church, Sat May 4, 10am – 2 pm

On Saturday May 4th Armour Heights Presbyterian will host its annual Rummage Sale from 10am – 2pm! They invite everyone to take part in this community event by joining us on the day of the sale or donating items. Items that can be donated include linens, art, collectibles, housewares, books, electronics, sports equipment, toys, jewelry, accessories, and furniture (closer to the sale). If you have items you would like to donate, please call the church office at 416-485-4000, estone@armourheights.org. Thank you, and we look forward to seeing you at the sale!

Armour Heights Presbyterian Church, 105 Wilson Avenue

ROM – 3rd Monday Nights Free

The Royal Ontario Museum has announced a new initiative that will enable members of the public to visit the Museum free of charge once a month. 3rd Monday Nights Free furthers their commitment to provide greater access to the Museum and open the doors of the ROM to as many visitors as possible. This program is supported by the TD Bank Group and The Bennett Family Foundation. The program was launched on April 15th. The ROM is offering the public complimentary access to the Museum's 40 galleries, from 5:30 p.m. to 8:30 p.m. on the third Monday of each month. Entry to feature exhibitions such as Zuul: Life of an Armoured Dinosaur and Treasures of a Desert Kingdom: The Royal Arts of Jodhpur will be separately ticketed and subject to a surcharge. Working with their community partners, these evenings will also feature local artists and performers, further enhancing the Monday night experience.