

SAHRA Information – June 11 2019

Reminder – Neighbourhood Watch Program meeting – this Thursday

One of the **most effective ways of fighting Break & Enters and Auto Theft** is by getting to know your neighbours and watching out for each other.

Neighbourhood Watch Online is a simple system where neighbours connect/communicate electronically. Neighbours are able to spot suspicious behaviour because they know better what's going on in their immediate neighbourhood and what looks out of place.

Join us to find out how you can help create a safer neighbourhood through a Neighbourhood Watch program.



Thursday, June 13th 7 – 9 PM We will definitely finish the meeting in time for the **Raptors Game!!!**

**Scott Duncan Room
Armour Heights Presbyterian Church
105 Wilson Avenue
(Entrance on Saunders Street)**

Organized by the Upper Avenue Community Association and South Armour Heights Residents' Association.

Any questions regarding the information session can be directed to info@sahratoronto.com

Hope to see **YOU** there!

Neighbours' Night Out – new location this year – 2 Armour Blvd at Belgrave

We are now in the **14th** year for the Neighbours' Night Out! We're going to visit the **Northern** portion of the SAHRA area this year (parking is available).

On **Tuesday, June 18th** 6:30 – 8:00 pm
At 2 Armour Blvd (at Belgrave)

Balloons...Ice Cream...Fire Truck...Police Car

*****Participate in our Raffles*****

Voucher for \$150 for Dinner at

Miller Tavern

For sunglasses donated by

York Mills Eyecare

For Golf Gear (bag/balls/shirts) donated by

Bank of Montreal

We look forward to seeing you there!

Special Fitness Program

On **June 14 and 21 at 11:30am**, Lesley White will lead a new lively and specially designed fitness program for seniors being piloted involving music, dance, cardio and strength training at the Armour Heights Presbyterian Church (105 Wilson). See the poster. Call 416-485-4000 for more details.

Lunch & Learn – Ethical Issues in Hospitals Today

An interactive Lunch & Learn presentation lead by Clinical Ethicist, Dr. Alison Williams on **June 18, 2019 at 12:00 pm** at Armour Heights Presbyterian Church. See the poster.

Mapping our Walkable Communities

An interactive and fun group project on mapping your Walkable Communities and neighbourhoods on **June 25, 2019 from 10:30 to 11:30** at the Armour Heights Presbyterian Church. See the poster.