


SAHRA eBlast – Jan 25 2019

Hon. Marco Mendicino 2020 Community Skating Party

An invitation is extended to you and your family to attend the 2020 Community Skating Party this **Sunday, January 26th from 1:00-3:00 pm** at Otter Creek Centre (140 Cheritan Avenue).




HON. MARCO MENDICINO, M.P.
Eglinton—Lawrence

 **2020 Community Skating Party**




WHEN Sunday, January 26th 2020, 1:00pm-3:00pm

WHERE Otter Creek Centre – 140 Cheritan Avenue

In partnership with  **FREE hot chocolate & goodies!**

416-781-5583
Marco.Mendicino@parl.gc.ca
MarcoMendicinoMP.ca

@MarcoELMendicino
@MarcoMendicino
@MarcoMendicino



Iodide Pills

The Neighbourhood Watch Online program has been informed that since we are roughly 40 km from the Pickering Nuclear Generating Station here in the GTA, our residents are eligible to order iodide pills free of charge. Iodide pills help to protect against thyroid cancer in the event of a nuclear/radioactive events in or around Toronto. You should do your own research and

make your independent decisions for your family. A link is provided to the Ontario Power Corporation website: <https://preparetobesafe.ca>

Help make your street safer through Neighbourhood Watch Online!

Neighbourhood Watch is back with a new “new, improved” format! Originally, Neighbourhood Watch used landlines for communication. Today, Neighbourhood Watch Online (NWO) uses electronic communication, such as email. Some pockets within SAHRA’s boundaries are already active – if you live in one of those areas, you’ll already know about NWO. We need volunteers to act as Group Captains in areas not yet covered. We estimate the time commitment as a few hours to set up the group and then minimally after that to co-ordinate a few communications per month. We provide training and documentation. Interested in being a Group Captain? Please contact us at info@sahradoronto.com and help us make Neighbourhood Watch Online a reality throughout SAHRA’s neighbourhood.

Community Events:

Falls Prevention

Join Mosaic and Armour Heights Church for the next Community Café to welcome Diana Oliver from Urban Poling on **Tuesday, January 28th** from 10:30 to 11:30 am. This round table discussion and free presentation will include pointers on how to stay safe this winter. Falls risk reference material will be provided. Light refreshments. RSVP by calling 416-485-4000.

Dinner, Trivia & Games Night

An evening of food and fun for all ages! **Friday, January 31 at 6:00 pm** at Armour Heights Presbyterian Church. Do you have a favourite party game or board game? Bring them along! Sign up by calling 416-485-4000.