

SAHRA eBlast – Apr 8, 2020

COVID-19 Website Page

In an effort to keep our Members informed on COVID-19, we are communicating via our **eBlasts**. We have now created a dedicated Page under Information on our **Website** for these posts. You can access the link/button to COVID-19 Information for COVID-19 articles at

<http://sahratoronto.com/>. This will take you directly to the Information/COVID-19 page.

Reminder - SAHRA's 2020 Survey – submit by April 19th

We 'delivered' the **Winter Newsletter** via eBlast on March 26 – we hope you enjoyed reading it. We also asked you to respond to the **Survey** by **April 19**. We received a substantial number of responses so far but would also appreciate your input.

There are 2 ways to participate in the Survey:

- **Option 1:** Complete the ONLINE version by visiting the following link: links.sahratoronto.com/2020survey
- **Option 2:** Complete a PRINTED copy of the survey form, scan it and email it to info@sahratoronto.com

NOTE: The ONLINE and PRINTED surveys are identical. Please complete one or the other, but NOT BOTH!

COVID-19: Updates for affected City Services and Facilities

This City [webpage](#) lists the changes in their services and facilities brought about by COVID-19/click on Garbage, Recycling and Organics. Note that the city is asking that all personal hygiene/sanitary products, including **tissues, wipes, masks and gloves be disposed of in the Garbage (Grey Bin) in a sealed plastic bag**, and not the green bin.

If masks and gloves have been discarded on your street, please pick them up with great care and dispose of them in the Garbage in a sealed plastic bag.

The collection of yard waste, previously suspended, will take place from Monday, April 6 to Friday, April 17 on the **regular day for your garbage (Grey Bin) pickup**. After this, the City will assess if it can continue to maintain the yard waste collection service.

Please note the following for yard waste: **to ensure health and safety, please only use YARD WASTE BAGS, not containers.**

COVID-19: Donation Bins

The City has appealed to all Residents to NOT drop off donations to bins located in the Neighbourhood as the organizations are not able to pick up from the bins. Anything left at the bin sites will end up having to be garbaged. Please set your donations aside – they will be very much appreciated once regular pickup can start again. In the meantime, fines will be enforced by the City if items are left at the bin sites.

COVID-19: Donating to charities during the pandemic

Many Canadians support charities by donating through the year or close to year end. However, with the onset of the coronavirus pandemic, many charities have seen their donations reduced drastically. This has caused many layoffs in the sector with potentially more to come in the near term, all at the same time as demand for many of their services increases. While we understand that many of you have concerns about your income, if you were planning to donate to a charity later this year and feel that you still have the ability to donate **now**, please consider doing so.

Our Show of Support for our Health Care Workers and all Essential Workers

The Registered Nurses' Association of Ontario (RNAO) initiated a campaign for everyone to join in and actively show our support for health providers and essential service workers. As of March 19th at 7:30 p.m. and every evening going forward, people – from the doorsteps of their homes or keeping a safe distance – cheer on the millions of health providers and essential front-line workers in Ontario, Canada and around the world who are tackling COVID-19. We are now asking the residents in our SAHRA Neighbourhood to show our support in honour of those heroes keeping us all safe, while keeping in mind social distancing.

Join us at **7:30 p.m. EVERY EVENING Rain or Shine**

and every day going forward until the fight against COVID-19 is over

“This amazing spirit of human solidarity must become even more infectious than the virus itself.” – Dr.

Tedros, World Health Organization
Let's make Dr. Tedros' words a reality!

Councillor Mike Colle COVID-19 Update #6 April 7

View Update #6 at https://mailchi.mp/898edbf6dc73/update6_april7_2020

Provides information on:

- Implementing Emergency Food Access for Vulnerable Residents
- Residents not to gather during upcoming holidays
- Updated list of Essential Workplaces
- Toronto Enforcement Blitz Ramps Up Across Toronto
- Emergency Order Encouraging Physical Distancing in Parks and Public Squares
- Toronto Opens Four Emergency Child Care Centres
- Thank You to 3M

- Thank You to Railway Workers
- All Three Levels of Government Working Together
- Toronto Public Health Survey

Hon. Marco Mendicino COVID-19 Update April 5

View the latest Update at <https://mailchi.mp/parl/april-5-coronavirus-constituency-office-update>

Provides information on:

- Canada Emergency Response Benefit
- Avoiding layoffs: Extending the Work-Sharing Program
- Updates from Ontario
- Updates from Toronto

COVID-19: Information from Councillor Kristyn Wong-Tam

Councillor Wong-Tam covers Wards 13 but she has lots of useful information on her website as well through daily updates.

View the latest Update at <https://www.kristynwongtam.ca/covid19>

Community Response



5 things we/you can do to make a positive difference in your community while we deal with COVID-19. SAHRA is offering to be a communications hub for those in need. If you are isolated or quarantined and need help – whether for groceries, prescriptions, pet food or even just a friendly phone call, please contact us. We will match the need up with residents you are offering to help, free of charge. Email us at info@sahratoronto.com. We will get through this, as a community, if we help each other.

Are you willing/able to Volunteer to help us help our residents? If so, please email us at info@sahratoronto.com indicating the type of help you can offer.

Lytton Park Residents' Organization April 7th Newsletter

Their full Newsletter is attached. Contains information on:

- ❖ Accessing Support Through Municipal Benefits
- ❖ Mental Health Contracts & Support during COVID-19
- ❖ Support for Local Hospitals
- ❖ Great Time for COVID Victory Gardens
- ❖ Cycling in Midtown

As well as:

Going on a Bear Hunt!!!

Join the fun! If you'd like to participate, simply place a stuffed bear in a window of your home so when families go for car rides or walks during this self-isolation time, they can hunt for bears. Communities around the nation are participating in bear hunts for the little ones to enjoy. Have some fun with your family while you practice physical distancing. *#randomactsofcommunity*

Good Neighbour Project

Are you someone who is in isolation, elderly, a single parent, a person living with a disability and you require delivery assistance for supplies and groceries with no one to help? A task force of volunteers with the Good Neighbour Project are on standby to offer you assistance. Please call 647-873-2230 between 8:00am-8:00pm daily or visit their website **HERE**.

211 Toronto

211 Toronto connects people living in the GTA to over 4,000 programs and social services such as financial help, employment services, mental health, home care, housing, shelters, food and childcare. It offers a 24/7 confidential service in 150 languages, including online, text (21166) and chat services.

SPRINT Senior Care's Meals on Wheels

SPRINT Senior Care's Meals on Wheels (MOW) program is volunteer-based and delivers tasty, nutritious meals directly to seniors' doors seven days a week, 365 days a year. MOW volunteers also perform security checks when delivering meals, to ensure seniors' safety.

Volunteers are the foundation of many of SPRINT Senior Care's services and we could not care for our seniors without support from over 300 volunteers annually. Due to the impact of COVID-19, we anticipate being in need of more volunteers to help us deliver Meals on Wheels.

If you are interested in finding out more about how you can help, please contact our Volunteer Services and Human Resources Department at 416-481-0669, ext. 8723, or volunteer@sprintseniorcare.org. Visit us at www.sprintseniorcare.org to learn more about our services and programs.

Better Living Website COVID-19 Updates

Better Living Health and Community Services is actively updating their website to provide you with access to reputable sources of information and reference sources on COVID-19. You can access their website here: <https://mybetterliving.ca/covid-19-resource-page/>

my new social distancing outfit just arrived from amazon.



Scarlet O'Hara would be proud!