

SAHRA eBlast – May 19 2020

Councillor Colle Update #10 May 15, 2020

View the Update <https://sahراتoronto.com/2020/05/15/april-6-councillor-mike-colle-covid-19-update/>

Provides information on:

- City of Toronto partners with Local Restaurants and Food Services
- City of Toronto launches ShopHERE Program
- City of Toronto COVID-19 Update
- Reopening Announcement
- Leaf Blowers
- Opening of City's Community and Allotment Gardens
- Cycling Network Expansion Program
- Revised Due Dates – Property Taxes and Utility Bills
- Yard Waste Collection
- Updates on Key Construction Projects
- Three Pothole Repair Blitzes
- Provincial Cannabis Retail Store Applications
- Update from TDSB Trustee for Eglinton-Lawrence
- Thank You!
- Scam Alert
- Mike in the Kitchen

MPP Robin Martin May 14th COVID-19 Update

View the Update <https://sahراتoronto.com/2020/05/14/mpp-robin-martin-april-16-covid-19-update/>

Provides information on:

- National Nurses Week
- A Framework for Reopening our Province: Stage 1
- Making prescription drugs more affordable during COVID-19

Lytton Park Residents' Organization May 14th eNewsletter

Lots of information in the most recent eNewsletter (attached). Also can be viewed at <https://lpro.wordpress.com/newsletters/>

Second Harvest Food Rescue

Second Harvest is Canada's largest food rescue charity with a dual mission of environmental protection and hunger relief. Did you know that nearly 60% of the food produced in Canada is lost and wasted annually? Of that, 32% of lost food – is avoidable and is edible food that could be redirected to support people in our communities. The financial value of this rescuable food is a staggering \$49.46 billion. Second Harvest has put together a great information guide (attached) on best before dates. It's a great first step to reducing food waste at home. Learn more at <https://us19.campaign-archive.com/?u=c98e63c0db3f867196ccd7adf&id=713b5549e9&e=3bb2ba31c3>

Mosaic's May At-Home Activity Booklet

Check out Mosaic's May At-Home Activity Booklet at <https://www.mosaichomecare.com/wp-content/uploads/2020/05/May-2020-Activity-Booklet-COVID19-Final-1.pdf>. It is full of useful tips and activities to try out. Mosaic Home Care & Community Resource Centre is a community partner of Armour Heights Church and continues to explore creative ways to engage and connect with our community. Feel free to share this booklet with loved ones and friends!

COVID-19 Website Page

In an effort to keep our Members informed on COVID-19, we are communicating via our **eBlasts**. We have now created a dedicated Page under Information on our **Website** for these posts. You can access the link/button to COVID-19 Information for COVID-19 articles at <http://sahratoronto.com/>. This will take you directly to the Information/COVID-19 page.

Support our Shops Update

The Bedford Park Residents Organization has updated their lists of Shops on Avenue Road and Yonge that are open for business as of May 2 (see attached). This list is also available on SAHRA's website on the COVID-19 Page.

The Bedford Park Residents Organization has also published their May 2020 Newsletter. You can view it from our News page <https://sahratoronto.com/news/news-from-area-residents-associations/>.

Bedford Park Residents Organization Histories

BPRO has now published Issue #4 "1799, First Business Short-lived". You can view it at <https://www.bprotoronto.ca/category/bedford-park-history/>

Donations to the North York Harvest Food Bank / Armour Heights Church support

During these days of COVID-19, there are families and individuals in our area that are in need of food from the food bank. The North York Harvest Food Bank is the local food bank provider for our area. For a long time, Armour Heights Church has been a supporter of the North York Harvest Food Bank.

The North York Harvest Food Bank is in need of food and monetary donations. Here's how you can help:

- Drop off food items outside the office door of Armour Heights Church at 105 Wilson Ave (the office door is off the parking area on the east side of the Church on Wilson). The Church will ensure the items are collected each day and added to the food bank box. Once the box is full, Harvest Food collects the food. The most needed items are canned tomatoes, canned beans, canned fish, rice and household size oil.
- Or you can donate money to the Harvest Food Bank by [clicking here](#).

211 Toronto

211 Toronto connects people living in the GTA to over 4,000 programs and social services such as financial help, employment services, mental health, home care, housing, shelters, food and childcare. It offers a 24/7 confidential service in 150 languages, including online, text (21166) and chat services.

Better Living Website COVID-19 Updates

Better Living Health and Community Services actively updates their website to provide you with access to up-to-date and reputable sources of information and reference sources on COVID-19. They have a number of special support programs for Seniors. You can access their website here: <https://mybetterliving.ca/covid-19-resource-page/>

Humour for the Day

